Doctors Orders Catering Options

Visit us in store to discuss catering options or call Nicole on 0415 135 388

Light options

\* Bacon & egg muffins $4.50

\* Savory muffin – garden veg or pumpkin & bacon $5.50

\* Muffin of the day $4.50

\* Brekky bar $4.00

\* Assorted yoghurts $4.50 each

\* Bircher muesli $4.50 each

\* Chia pudding $4.50 each

\* Banana bread or banana & walnut bread $4.50 each

* Assorted slices lemon/caramel/hedgehog/rocky road $4.00 each

Sandwich catering options

Focaccias - $7.50 each (Toasted & cut into 2)

\* Chicken schnitzel – butter, mayo, lettuce, cheese tomato & schnitzel

\* Ham – butter, pickle spread, cheese, tomato & ham

\* Salami – butter, pesto, spinach, salami roast capsicum, feta, olives & salami

\* Sweet chili chicken – butter, sweet chili sauce, spinach, chicken tenders, cheese, tomato

\* Chicken & avo – butter, mayo, lettuce, tomato, cheese, chicken & avocado

\* Roast veg – butter, pesto, spinach, roast eggplant, zucchini, capsicum & feta

* Roast beef – butter, Dijon, spinach, beef, cheese, tomato

Sandwiches - $6.00 each (cut into 4)

\* Chicken schnitzel – butter, mayo, lettuce, cheese tomato & schnitzel

\* Turkey – butter, cranberry sauce, spinach, tomato, cucumber, cheese & turkey

\* Ham – butter, pickle spread, lettuce cheese & ham

\* Tandoori chicken – butter, tziki, spinach, tomato, cucumber & chicken

\* Chicken & avo – butter, mayo, lettuce, tomato, cheese, chicken & avocado

\* Egg mix – butter, mayo, lettuce & egg

\* Tuna mix – butter, mayo, lettuce & tuna mix

\* Roast veg – butter, pesto, spinach, roast eggplant, zucchini, capsicum & feta

\* Chicken & capsicum – butter, mayo, chicken & capsicum mix & lettuce

\* Salami & pesto – butter, pesto, salami & tasty cheese

\* Roast Beef – butter, Dijon, spinach, beef, cheese & tomato

\* BLT – butter, bacon, lettuce, tomato

Wraps - $7.50 each (cut into 3)

\* Chicken schnitzel – butter, mayo, lettuce, cheese tomato & schnitzel

\* Turkey – butter, cranberry sauce, lettuce, tomato, cheese & turkey

\* Ham – butter, pickle spread, lettuce, cheese, tomato & ham

\* Tandoori chicken – butter, tziki, spinach, tomato, cucumber & chicken

\* Chicken & avo – butter, mayo, lettuce, tomato, cheese, chicken & avocado

\* BLT – butter, bacon, lettuce & tomato

\* Sweet chili chicken – butter, sweet chili sauce, aioli, lettuce, chicken tenders, cheese & tomato

\* Egg mix – butter, aioli, egg mix & lettuce

* Tuna mix – butter, aioli, tuna mix & lettuce

Hot food catering ($2.00 per item)

Vegetarian options:

\* Three cheese & vegetable filo triangles – A tasty blend of feta, ricotta & pecorino cheeses with a selection of vegetables encased in a crispy filo pastry

\* Mini spinach & ricotta rolls – delicious pastry parcels filled with baby spinach & creamy ricotta

\* Cheese & broccoli bites – delicious bite sized goodness filled with cheese & broccoli

\* Mini samosa – add an exotic taste to your next catering menu

\* Cocktail vegetarian spring rolls – bite sized pieces ideal for corporate meetings and snacks

* Mini Frittata – a colourful roast veggie medley backed in a light frittata

Seafood options:

\* Potato spun prawns – tiger prawns wrapped in a crunchy potato noodle

\* Crumbed whiting fillets – Mini whiting filets encrusted in a crisp, light style crumb

\* Calamari rings – squid rings in a golden crispy crumb

Meat & poultry options:

\* Mini chicken garlic Kiev – bite sized chicken pieces with a garlic center

\* Satay chicken skewers

\* Party pies & sausage rolls

\* Assorted mini quiche

\* Mini beef dim sims

\* Sweet chili chicken tenders

* Mini beef Meatballs

Lunch options

\* Beef sliders $5 each

\* Pasta of the day $9.50 per serve

\* Spanakopita $7.50 per serve

\* Pumpkin, spinach & feta filo (can be cut into 3) $7.50

\* Chicken & asparagus filo (can be cut into 3) $7.50

\* Satay chicken filo (can be cut into 3) $7.50

\* Salmon patties $7.50

\* Frittata $7.50

\* Thai chicken tortilla bake $7.50

\* Vegetarian salads $7.50 per serve

\* Meat/seafood salads $9.50 per serve

Lunch options change daily; please call to discuss what is available

Seasonal fruit platters also available – from $12